

SHOE SIZE CONVERSION CHART

POL ORTHOTICS ARE AVAILABLE FROM 220MM TO 310MM

US Men's Shoe	US Women's Shoe	US Child's Shoe	UK Size	EU Size	Custom-Fit Size (In Millimeters)
	3		5	34.5	220
	3.5	2	5.5	36	220
	4	2.5	6	35.5	230
3	4.5	3	2.5	34.5	230
3.5	5	3.5	3	37	230
4	5.5	4	3.5	35.5	240
4.5	6	4.5	4	38	240
5	6.5	5	4.5	37	240
5.5	7	5.5	5	39.5	250
6	7.5	6	5.5	38	250
6.5	8	6.5	6	40.5	260
7	8.5	7	6.5	39.5	260
7.5	9		7	42	270
8	9.5		7.5	40.5	270
8.5	10		8	43	270
9	10.5		8.5	41.5	280
9.5	11		9	44.5	280
10	11.5		9.5	43.5	290
10.5	12		10	45.5	290
11	12.5		10.5	44.5	300
11.5	13		11	47	300
12	13.5		11.5	46	310
12.5	14		12	48.5	310
13	14.5		12.5	47	310
13.5	15		13	49.5	
14	15.5		13.5	48.5	
14.5	16		14	49	
15	16.5		14.5	49.5	
N/A	N/A		N/A	N/A	